

A photograph of several pumpkins, including a carved jack-o'-lantern, and a white wire mesh lantern, set against a dark background.

OCTOBER 2023

San Diego County Calendar of Events

San Diego Restaurant Week Sept. 24-Oct. 1

Over 100 participating restaurants will offer three-course prix-fixe dinner menus starting at just \$20 for casual dining all the way to exquisite 5 star meals. Tickets are not necessary, but reservations are recommended!

www.sandiegorestaurantweek.com

La Mesa Oktoberfest Sept. 29-Oct. 1

La Mesa Oktoberfest continues to top its traditions and present Bavarian festivities that San Diegans of all ages can partake in! Prost, games, dancing, German beer, dachshund races, food, kid's activities, drinks, community, and more.

La Mesa Village

www.lamesaoktoberfest.org

El Cajon Oktoberfest Sept. 29-Oct. 1, Oct. 6-8

Authentic German food, German beers and liquors, and soft drinks and water. Our band, the Guggenbach-Buam, joins us from Baden-Württemberg, Germany. Watch traditional folk dancing performances, compete in our numerous games and contests, check out vendor and craft booths, and Kids' Zone.

Fri 4-10pm, Sat 12-10pm, Sun 12-9pm / 1017 S. Mollison Ave.

619-442-6637 / www.germanclubsandiego.org

Ocean Beach Oktoberfest Oct. 6-7

Our festivities include both family-friendly and adult activities. In our 21+ beer garden you can enjoy a classic German brew or local beer, wine & spirits. We'll have live music by local and nationally touring artists, contests, vendors, and giveaways.

Foot of Ocean Beach Pier

www.oboktoberfest.com

Oktoberfest in Julian Oct. 7

Enjoy live music with Oktoberfest Dancers and Singers, Bingo Hours, Sip and Paint an Icon, Children's Activities, Silent Auction, Raffles, Great Food and a Beer Garden.

10am-6pm / St. Elizabeth of Hungary Catholic Church

www.stelizabethjulian.org

Taste of North Park Oct. 7

Enjoy over 40 food tastes from San Diego's best restaurants. Craft brewers convene in North Park for the day to offer 4 ounce samples of their best releases as well as an array of distinctively created nonalcoholic beverages.

11am-3pm / 29th Street

619-294-2501 / www.northparkmainstreet.com

Carlsbad Oktoberfest Oct. 7

Event with real German meals from Tip Top Meats, kids and adult activities, live German music, and of course a Bier Garten! The Bier Garten will feature an assortment of beers on tap including an Oktoberfest varietal and various wines.

12-8pm / Carlsbad Strawberry Company

www.rotaryoktoberfest.org

Pacific BeachFest Oct. 7

Enjoy this free, full-day, family-friendly, music-packed event.

11am-7pm / Pacific Beach Boardwalk

858-273-3303 / www.pacificbeachfest.org

San Diego Spirits Festival Oct. 7-8

A weekend of unlimited tantalizing sips as you reconnect with brands you know, and discover new ones from over 60 brands from High end Spirits to ready to drink cocktails and seltzers.

Sat 3-7pm, Sun 1-5pm / Museum of Contemporary Art, La Jolla

www.sandiegospiritsfestival.com

La Jolla Art & Wine Festival Oct. 7-8

Showcasing prestigious art, regional and international wines, craft beer and spirits, and family-friendly fun!

10am-6pm / Girard Ave. & Prospect St.

858-228-6542 / www.lajollaartandwinefestival.com

Taste of Rancho Santa Fe Oct. 8

An Event of the Rancho Santa Fe Rotary Club. Features varied tastes of scrumptious bites from some of San Diego's finest restaurants and award-winning wines poured by vintners adorning the California Coast from Temecula to Sonoma and Napa.

4-7pm / The Inn at Rancho Santa Fe

www.tasteofrsf.org

Taste of Coronado Oct. 11

This self-guided event will bring 800 guests from Coronado and beyond together for an evening of socialization, excellent food and drink, to experience all that Coronado has to offer all while supporting our community and local businesses.

5-9pm / Rotary Park & The Ferry Landing

www.atasteofcoronado.com

Carmel Valley Trail 5K, 10K and 15K Oct. 14

This year's courses will once again feature the locally famous "Puke Hill" for the 15K AND 10K, while the "Roller Coaster" stays exclusive to the 15K participants.

6-10:30am / Torrey Highlands Community Park

www.enduranceraceseries.com/carmel-valley

Ladies at the Lake Fall Market Oct. 14

There will be a variety of vendors with uniquely selected items, from Health & Beauty, Clothing, Jewelry, Holiday Gifts and so much more! Food trucks will be available!

10am-3pm / Santee Lakes Recreation Preserve

619-258-4759 / www.santeelakes.com

Escondido Grand Avenue Festival Oct. 15

In addition to the traditional street fair format, this year's festival will include Professional Live Music, a Beer & Wine Garden and Art in the Garden. Shop from hundreds of vendors including unique hand-crafted gifts and imports, and international cuisine.

9am-5pm / Grand Avenue

760-207-6321 / www.downtownescondido.com

XTERRA Wetsuits Mission Bay Triathlon Oct. 15

Benefitting Life Sports Foundation. The event offers races for adults and kids, from complete beginners to seasoned Professionals. There are many different races going on simultaneously, and while a traditional Triathlon is Swim / Bike / Run, KOZ Events, the organizer of the San Diego Triathlon Series, offers more of a Multisport Race.

Bonita Cove Park www.missionbaytriathlon.com

San Diego International Film Festival Oct. 18-22

Festival events include Opening Night Film Premiere & Reception, Night of the Stars Tribute, Culinary Cinema, Studio Premieres, curated features, documentaries and shorts from Independent Filmmakers around the world as well as parties, food, drinks, panels and networking events.

619-430-4898 / www.sdfilmfest.com

USA Ultimate National Championships Oct. 19-22

The top 16 teams in Men's, Mixed, and Women's divisions from across the United States and Canada will compete for the USA Ultimate Championship.

Surf Cup Sports Park, Del Mar

<https://tct.usultimate.org>

HauntFest on Main Oct. 20

Costume Contests on the Main St. Stage; an expanded Carnival Rides and Games; Car Show; Candy Challenge Activities; Kidz Zone, Face Painting; performances by TNT Dancers, Arts In Motion Crew & Jr. Crew, and St. Madeleine Sophie's Center Pumpkin Patch; Craft and Game booths; LED Rock Wall; Inflatables for kids; With a surprise feature of Movies In The Park.

4-9pm / Downtown El Cajon

www.hauntfest.org

San Diego Triathlon Challenge Oct. 20-22

Participants from around the world take on the one-mile bay swim, 35-mile bike ride, and 10-mile run, while new adaptive sports and community events promote inclusivity and support.

See website for schedule. / Mission Bay

www.challengedathletes.org

Rancho BEERnardo Festival Oct. 21

General Admission includes unlimited 2-ounce pours, local wines, food for purchase, free parking, and music. VIP Admission: Enter ONE HOUR earlier than regular admission, exclusive access to VIP area, preferred parking and complimentary food. 21+ event.

2-5pm / Webb Park

www.ranchobeernardofestival.com

Haunted Hangar Halloween Bash Oct. 21

A fun lineup of family-friendly activities, contests, tasty treats, magic potion cocktails for mom and dad, crafts, magic and more!

6-9pm / USS Midway Museum

619-544-9600 / www.midway.org

Borrego Days Desert Festival Oct. 21-22

Live bands, an acclaimed Comedy Hypnosis Show, plus art exhibits, kid's zone, food vendors, artisans, education, adult beer garden, free to enter car show and more. This is a family friendly festival that is fun for all ages.

Sat 9:45am-6pm, Sun 10am-3pm / Christmas Circle Park

760-767-5555 / www.borregodays.com

EOS Fitness Tour De Cove Oct. 22

Over 100 stationary bikes will be on the lawn overlooking Mission Bay at the center of the CAF Community Weekend. Participate in the four-and-a-half-hour ride as an individual or share a bike as part of a 3-person relay team.

Bonita Cove, Mission Bay

858-866-0959 / www.challengedathletes.org

Oceanside Dia de los Muertos Festival Oct. 22

With altars, arts & crafts, por siempre car show, a chalk cemetery and more!

10am-5pm / Downtown Oceanside

www.friendsofoceansidediadelosmuertos.org

Trick-or-Treat on India Street Oct. 27

Little ghouls and goblins of all ages are encouraged to dress up in their best costumes and enjoy an evening of authentic trick-or-treating with their families.

5:30-7:30pm / Piazza della Famiglia, Little Italy

619-233-3898 / www.littleitalysd.com

Lions Tigers & Bears Spooky Campover Oct. 27-28

Includes campfire songs, pumpkin carving, and a Halloween costume contest. Enjoy the fun of the animal trivia challenge, make s'mores by the campfire, and sip hot cocoa at our big cat and wildlife sanctuary. The next morning is the Pumpkin Bash where animals receive their Halloween treats.

3pm-10am / 24402 Martin Way, Alpine

619-659-8078 / www.lionstigersandbears.org

San Diego Zombie Crawl Oct. 27, 28 & 31

You are invited to step inside Zombie Land with Barbie and Ken and discover the thrills and perils of living among the UNDEAD in the Ghoulish Gaslamp. SDZC offers progressive pre-planned routes (self-guided, which means you are free to roam) + FREE admission to only the TOP bars along the famous 5th Avenue. 21+ event.

6pm-2am / Gaslamp Quarter

www.facebook.com/SanDiegoZombieCrawl

Nightmare on Normal Street Oct. 28

With late night live entertainment, costume competitions (including a special pet contest) outdoor bars, and the best people watching in all of San Diego. Sponsored Main Stage with DJs and dancers from Rich's Nightclub. Food trucks with delicious assortments. Massive block party with an outdoor dance floor. 21+ event.

5-11pm / Normal and University, Hillcrest

619-299-3330 / www.fabuloushillcrest.com

Santee Lakes Spooktacular/Trunk-or-Treat Oct. 28

This will be a great day of games, a giant Halloween maze, crafts, photo opportunities, and more. We also have The Sanderson Sisters from Hocus Pocus coming to entertain the guests! Local businesses will be hosting a trunk-or-treat for all participants.

10am-2pm / Santee Lakes Recreation Preserve

619-258-4759 / www.santeelakes.com

Bubble RUN San Diego Oct. 28

Clad in white t-shirts, adults, kids and strollers run, walk, dance and play across 3 miles of absolute fun! Registration includes: Bubble Run Finishers Medal, Bubble RUN tee shirt. Temp tattoo, Race Bib Number, Entry into the raddest Bubble 5K celebration after!

6am / NICU Amphitheatre, Chula Vista

www.bubblerun.com

Chula Vista Dia de los Muertos Celebration Oct. 28

The celebration includes a community altar, an Altar Contest and Catrín/Catrína Ensemble Contest for cash prizes, music and dance performances, kids crafts, treats, delicious food, vendors, themed photo ops throughout the neighborhood and a special screening of Guillermo del Toro's Book of Life.

3-8pm / Memorial Park

619-422-1982 / www.downtownchulavista.com

Encinitas Dia de los Muertos Celebration Oct. 29

Celebrate life with live performances, art-making workshops, a student art exhibit, artist demos, food trucks and more.

12-4pm / Mira Costa College, Cardiff

www.encinitasarts.org

Sorrento Valley Spooktacular Oct. 31

Celebrate with the little ones at this free-of-charge party for kids, complete with art-making workshops, Makeup Artist, Balloon Man, games, goodie bags and more!

4:30pm-6pm / Entrance to the Los Penasquitos Canyon Preserve on Sorrento Valley Blvd, Sorrento Valley.

www.sorrentovalleytc.com

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